

New Adorer

Important information

Welcome!

Welcome and thank you for making the commitment to spend one hour a week with Our Lord Jesus in the Most Blessed Sacrament, here in the Fr. Gordy Cusick Perpetual Adoration Chapel at St. Bede the Venerable Catholic Church. Our Pastor, Monsignor Marine and fellow Adorers share your excitement, knowing that Our Lord will bless you abundantly for taking this important step in deepening your relationship with Him.

Each regular Adorer has signed up for one hour of prayer per week before the Blessed Sacrament for a set day and hour of the week.

You will receive a packet that includes this document (New Adorer-Important Information), the most up to date weekly Adoration Chapel schedule for the division that you are in, the names of your prayer partner and the contact information for your Hourly Coordinator and Divisional Leader.

The packet of information will ideally be reviewed with you in person by a member of the Adoration Coordination team. If arrangements cannot be made for a one-on-one orientation than you may be contacted via phone or e-mail.

General Guidelines:

1. The Blessed sacrament must never be left alone.
2. Please sign in next to your time slot in the sign-in book in the chapel vestibule.
3. Check the sign-in sheet before you leave and insure that the Adorer scheduled for the next hour is in the chapel. In time you will get to know the adorers who precede and follow your hour.
4. If you do not recognize the Adorer who comes in after you, check the sign-in book to see if a substitute is covering. This is important during times when many people are stopping by for a visit.
5. If the Adorer after your hour does not show up:
 - a. You may choose to stay and cover for the hour. Remember to sign in next to that hour and indicate "sub."
 - b. Check the schedule to find the name and phone number of the adorer who is scheduled to be there. Feel free to contact them during daytime hours (8AM-8PM)
 - c. Notify your Hourly Coordinator, either by phone or e-mail, within 24 hours so they can follow up.
6. Enter the chapel quietly.
7. Please feel free to write your petitions in the binder found in the vestibule of the chapel so others may pray with you for your intentions.

8. Please write your testimonials, favors and special graces received in the Favors Notebook, so that others may share in your joy!
9. You may be asked by your Hourly Coordinator to join a devotion or prayer with other members of your Prayer Team (e.g., reciting the chaplet of Divine mercy for the Holy Souls).
10. Do not stop coming to your assigned time without first informing your Hourly Coordinator or Divisional Leader that you need to stop or change hours.
11. Notify your Hourly Coordinator if:
 - a. You need to discontinue your assignment
 - b. You need to change your hour
 - c. You have changes in your contact information
 - d. You are having changes in your home schedule or health that may affect your commitment. (We just need a head's up to have time to find a replacement)
 - e. You missed going to your hour (this will let us know that you are okay/safe).
 - f. The adorer before or after you is not making their hour.
 - g. You have any questions, concerns, ideas, recommendations.

Procedure to follow when You Cannot Make Your Hour:

If applicable coordinate with your prayer partner (the other adorer scheduled for the same Holy Hour as you) and insure that he will be there when you cannot. Please don't assume your Prayer Partner will be there. Always check with them ahead of time to be sure.

Another excellent way to cover the hour is to ask family members or friends to cover your Holy Hour for you. This is an easy way to evangelize and spread the devotion to others. They can "taste and see" before committing. Remember to explain the sign-in procedures to them and to write "sub" next to their name.

You may also consider swapping days with a team member who shares the same hour but on a different day.

You may use the Substitute Adorer list found on the bulletin board in the chapel as well as the e-mail chain for the Adoration Society to advertise your hour.

Once you've exhausted all of the above options, then please notify your Hourly Coordinator or Divisional Leader.

Request for Leave of Absence (LOA) - If you are going on vacation or otherwise requiring a leave of absence for an extended time (causing you to miss two hours or more in a row), please contact your Hourly Coordinator and inform them along with the name and contact information for the person(s) who will be covering for your absence.

Chapel Conduct

1. Please be on time for your hour.
2. Genuflect upon entering and upon leaving the Lord's presence in the Chapel. Proper genuflection for Our Lord exposed in the Most Blessed Sacrament is on both knees (if possible), with a bow from the head or waist.
3. Respect the rule of silence in the Chapel by praying quietly.
4. Do not bring food or drink into the Chapel (water is permitted).
5. Pets are not allowed in the Chapel.
6. Do not place anything on the altar.
7. Do not use cell phones in the Chapel.
8. Feel free to borrow reading material from the Chapel bookcase and return it at the end of your visit. If you mistakenly leave with a book, please return it on your next visit.
9. Don't forget to take home any books, rosaries, prayers etc. that you brought with you.
10. Do not place any materials or advertisements in the chapel. They will be thrown out.
11. The chapel candles burn for seven days. Do not change them even if they are low or are burned out. Rosemary Lawall takes care of this weekly. Memorial donations are accepted in the parish office at a cost of \$30 per week.
12. Flowers are not permitted due to concerns for those who may be allergic. Please take this seriously because an allergic reaction can be very severe and even life threatening in certain situations.
13. Be mindful of proper attire.
14. Bathroom facility is available in the vestibule.
15. Do not change the temperature setting on the wall thermostat. In winter months, there is a space heater available that you may adjust for the comfort of those in the chapel.
16. Prayer cards are provided on the small table in the rear of the chapel. These are for you to take with you and share with family and friends.
17. A binder and notebook can be found in the entry vestibule. Feel free to share your intentions as well as blessings from prayers answered. Please do not use last names.

Adorer Options:

The Adoration Society has options for Adorers who wish to sign up for a Holy Hour of Adoration.

Adorers are offered flexibility in selecting a time slot and in changing their commitment when circumstances in their lives change.

1. Commit to spending one Holy Hour a week with Our Lord at a set day and hour.
2. Share one hour a week with another person and rotate covering the Holy Hour for the month. The responsibility for assuring the hour is covered is up to the individuals - both adorers are listed in the sign-in book.

3. Parish Ministries, prayers groups, or families can sign up to cover a Holy Hour with individual group members being assigned to assure that the Holy Hour is covered. How members are assigned or rotated is entirely up to the group. The sign-in book will list the name of the ministry and each member will sign next to the group name.